

# Varsity/JV Calendar

May-August



## 2019 Summer Workouts

- Attendance at summer workouts is critical as we prepare for the 2019 Season – Practice Becomes Mandatory in August with Heat Acclimation.
- We are attending many passing camps this summer to compete with other schools and improve our fundamental skills. School does not provide transportation to the passing camps and events that we travel to.

Burrell Varsity/JV Football 2019

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> Offseason Program 2:50- 4pm	<b>2</b> Offseason Program 2:50- 4pm	<b>3</b>	<b>4</b>
<b>5</b> Youth Football Camp 2pm-4pm Flyers Field	<b>6</b> Offseason Program 2:50- 4pm	<b>7</b>	<b>8</b> Offseason Program 2:50- 4pm	<b>9</b> Offseason Program 2:50- 4pm	<b>10</b>	<b>11</b>
<b>12</b> Youth Football Camp 2pm-4pm Flyers Field	<b>13</b> Mandatory Parents/Players Meeting 6pm-8pm	<b>14</b>	<b>15</b> No Lifting After School Due to Baseball Playoff Game	<b>16</b> Offseason Program 2:50- 4pm	<b>17</b>	<b>18</b>
<b>19</b> Youth Football Camp 2pm-4pm Flyers Field	<b>20</b> Skill Position Workouts 3pm-5pm (Helmets Only)	<b>21</b> Lineman Workouts 3pm-5pm (Helmets Only)	<b>22</b> Skill Position Workouts 3pm-5pm (Helmets Only)	<b>23</b> Lineman Workouts 3pm-5pm (Helmets Only)	<b>24</b> Skill Position Workouts 3pm-5pm (Helmets Only)	<b>25</b> 7 on 7 and Lineman challenge at Yough High School- 8am-noon  Meet at HS Parking Lot 6:15am
<b>26</b>	<b>27</b> Players OFF	<b>28</b> Players OFF	<b>29</b> Players OFF	<b>30</b> Players OFF	<b>31</b> Players OFF	

## Burrell Varsity/JV Football 2019

**June 2019**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Summer Workouts 6pm-8pm (Helmets Only)	4 Summer Workouts 6pm-8pm (Helmets Only)	5 Summer Workouts 6pm-8pm (Helmets Only)	6 Summer Workouts 6pm-8pm (Helmets Only)	7	8
9	10 Summer Workouts 6pm-8pm (Helmets Only)	11 Summer Workouts 6pm-8pm (Helmets Only)	12 W&J University 7 on 7 Camp Depart HS 7am No Evening Workout	13 Summer Workouts 6pm-8pm (Helmets Only)	14	15 Penn State Univerisity (State College) 7 on 7 Depart Hs - 6am
16	17 Summer Workouts 6pm-8pm (Helmets Only)	18 Summer Workouts 6pm-8pm (Helmets Only)	19 Summer Workouts 6pm-8pm (Helmets Only)	20 Summer Workouts 6pm-8pm (Helmets Only)	21	22
23	24 Summer Workouts 6pm-8pm (Helmets Only)	25 Summer Workouts 6pm-8pm (Helmets Only)	26 Summer Workouts 6pm-8pm (Helmets Only)	27 Summer Workouts 6pm-8pm (Helmets Only)	28 St Francis University 7 on 7 Depart HS 7am	29 Uniontown 7 on 7 Depart HS 7am
30						



## Burrell Varsity/JV Football 2019

July 2019							Aug 2019 ☐
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<b>1</b> Players Off	<b>2</b> Players Off	<b>3</b> Players Off	<b>4</b> Players Off	<b>5</b> Players Off	<b>6</b>	
<b>7</b>	<b>8</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>9</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>10</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>11</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>12</b>	<b>13</b>	
<b>14</b>	<b>15</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>16</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>17</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>18</b> WCCA 7 on 7 @ Latrobe High School Depart HS 7 am  No Evening Workouts	<b>19</b>	<b>20</b> Belle Vernon 7 on 7 Depart High School - 7 am	
<b>21</b>	<b>22</b> Players Off Equipment Issue 4pm- Seniors 5pm- Juniors/Soph 6pm- Freshmen	<b>23</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>24</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>25</b> Summer Workouts 6pm-8pm (Helmets Only)	<b>26</b>	<b>27</b>	
<b>28</b>	<b>29</b>	<b>30</b> Players Off	<b>31</b> Players Off				

**Players Off**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Players Off	2	3
4	5 MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM (Helmets & Shoulder pads) @ Burrell High School	6 *Picture Day- 3:45pm MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM (Helmets & Shoulder pads) @ Burrell High School	7 MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM (Helmets & Shoulder pads) @ Burrell High School	8 MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM (Helmets & Shoulder pads) @Flyers Field	9 MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM (Helmets & Shoulder pads) @Flyers Field	10
11	12 TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 5:30PM- PLAYERS DISMISSED	13 TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 5:30PM- PLAYERS DISMISSED	14 TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 5:30PM- PLAYERS DISMISSED	15 TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 5:30PM- PLAYERS DISMISSED	16 TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 3:00PM- PLAYERS DISMISSED	17 Scrimmage #1 Vs. East Allegheny @BHS 10am Players Report 8:30am
18	19 2:50PM-PLAYERS REPORT 6:30PM- END OF PRACTICE	20 2:50PM- PLAYERS REPORT 6:30PM- END OF PRACTICE  7:00PM- DINNER WITH MOMS	21 2:50PM- PLAYERS REPORT 6:30PM- END OF PRACTICE	22 2:50PM- PLAYERS REPORT 5:15PM- END OF PRACTICE  5:30PM- DECALS WITH DAD COOKOUT	23 7:00PM BEAT VALLEY PLAYERS REPORT - TBA	24 Varsity Film 9am-11am JV Home vs. Valley 10am
25	26 2:50PM-PLAYERS REPORT 6:15PM- END OF PRACTICE	27 2:50PM-PLAYERS REPORT 6:15PM- END OF PRACTICE	28 2:50PM-PLAYERS REPORT 6:30PM- END OF PRACTICE	29 2:50PM-PLAYERS REPORT 5:30PM- END OF PRACTICE	30 7:00PM BEAT NC PLAYERS REPORT - TBA	31 Varsity Film 9am-11am JV Home vs. N.C. 10am

# Practice Attendance

- Practices become mandatory beginning with heat acclimation August 5<sup>th</sup>. Missed practices that are unexcused will be dealt with in accordance with our attendance policy. Which will include game suspensions.
- Saturday Varsity Film sessions are not optional those are mandatory and unexcused missed Saturday sessions will result in suspension for the following weeks game.
- Must Be in School – If you are not in school you can not practice that day.



# PLAY FAST

## BURRELL FOOTBALL

2019 SCHEDULE

HOME // AWAY

8/23 7PM		8/30 7PM		9/6 7PM		9/13 7PM		9/20 7PM	
9/27 7PM		10/4 7PM		10/11 7PM		10/18 7PM		10/25 7PM	



# Physicals

- Must have our School District Sports Packet and Physical forms completed prior to start of Mandatory Heat Acclimation on Monday August 5<sup>th</sup> 2019.
  - I have a few physical forms with me tonight
  - Free School Physicals are- June 6, 2019- Times will be posted on Skyward
  - If going to your own doctor. Our forms must be filled out and they must be dated after June 1<sup>st</sup> 2019 to be Valid.
- 
- Impact Testing for High School Athletes will be on May 28 immediately after school in Classrooms 104, 106, 108. See Mr. D'Angelo or Trainer Jordain to verify if you need the impact test this year.
  - Impact Testing for Middle School grades 6-8 is going to be on May 28<sup>th</sup> and May 29<sup>th</sup>. They must sign up for a test date at the HMS school office and they will be assigned a period to take the test in classroom 218.

# Important Reminders

## Varsity/JV Training Camp & Heat Acclimation

- Dates to Remember – Monday August 5<sup>th</sup> – Friday August 9<sup>th</sup>  
Mandatory PIAA Heat Acclimation
- Monday August 12<sup>th</sup> – Start of Training Camp
- Friday August 23<sup>rd</sup> – BEAT VALLEY

## Events

Moms Dinner – Tuesday August 20<sup>th</sup> 7:00pm

Decals with Dad- Thursday August 22<sup>nd</sup> 5:30pm



# Communication

Shawn.Liotta@Burrell.K12.pa.us

- If you have an issue you need to discuss contact me and I will set up a meeting with you at a mutually convenient time.
- I will not discuss the following at any time: scheme or coaching decisions, your athletes playing time, another athlete on the team.
- Football related decisions are made in the best interest of the football team and not one individual player, and these are not open for discussion
- Do not approach assistant coaches with your concerns. All concerns must be brought to me. My Assistant Coaches will not discuss issues with you.
- I will not address your concern on the field after practice, at game, ect..

Make sure the Gridiron Club has your updated contact information as they will send out updates from me regarding schedule changes.

Gridiron Club- Important to get involved as much as possible



# **2019 BURRELL BUCS FOOTBALL GOLF OUTING**

## **18 HOLE - 4 MAN SCRAMBLE TOURNAMENT**

**SATURDAY JULY 13TH, 2019 // 1:00 PM SHOTGUN START // ROLLING FIELDS GOLF CLUB  
4138 Hankey Church Road Murrysville, PA 15668**

### **"PLAY FAST" SPONSOR (\$50)**

**YOUR PERSONALIZED SIGN DISPLAYED ON  
ONE GOLF CART DURING THE OUTING**

### **"RED ZONE" SPONSOR (\$100)**

**ONE PERSONALIZED TEE BOX SIGN  
DISPLAYED DURING OUTING**

### **"MVP" SPONSOR (\$250)**

**CART SPONSOR SIGN, TEE BOX SIGN,  
BANNER DISPLAYED DURING OUTING,  
SOCIAL MEDIA MENTIONS AND PROMOTION**



### **REGISTRATION INFO (DEADLINE JULY 1ST)**

**\$75 PER GOLFER**

**\$300 PER FOURSOME**

**\* COSTS INCLUDE GOLF, CART, FOOD**

**MAKE ALL CHECKS PAYABLE TO "BURRELL  
GRIDIRON" AND MAIL THEM TO:**

**BURRELL FB GOLF OUTING**

**PO BOX 2235**

**LOWER BURRELL, PA 15068**

**CONFIRM REGISTRATION/SPONSORSHIP INQUIRIES + ANY OTHER QUESTIONS: [BURRELLFBGOLF@MAIL.COM](mailto:BURRELLFBGOLF@MAIL.COM)**